

# Become a Lifeguard



**American  
Red Cross**

*We offer Red Cross Lifeguard courses to help you earn your Lifeguard/CPR/AED and First Aid certificate. Sign up for one of these courses today!*

| Date              | Days & Time                                     | Course Code |
|-------------------|---|-------------|
| 2/26, 2/27 - 2/28 | Friday: 4-7pm / Saturday & Sunday: 9am-5pm      | 15801*      |
| 3/5, 3/6 - 3/7    | Friday: 4-7pm / Saturday & Sunday: 9am-5pm      | 15800*      |
| 3/12, 3/13 - 3/14 | Friday: 4-7pm / Saturday & Sunday: 9am-5pm      | 15799*      |
| 3/19, 3/20 - 3/21 | Friday: 4-7pm / Saturday & Sunday: 9am-5pm      | 15637*      |
| 3/26, 3/27 - 3/28 | Friday: 4-7pm / Saturday & Sunday: 9am-5pm      | 15802*      |
| 3/29-3/30, 3/31   | Monday & Tuesday: 9am-5pm / Wednesday: 9am-12pm | 15803*      |
| 3/31, 4/1- 4/2    | Wednesday: 1pm-4pm / Thursday & Friday: 9am-5pm | 15804*      |
| 4/2, 4/3, 4/10    | Friday: 4pm-7pm / Both Saturdays: 9am-5pm       | 15639*      |
| 4/17- 4/25        | Saturday & Sunday: 9am-5pm                      | 15640       |

Pannell Meadowview Pool, 2450 Meadowview Rd, Sacramento, CA 95832  
A \$185.00 enrollment fee is required

**\*Blended Learning Class: includes 7 hours of at home online training (must be completed before the first day of class)**

**Ask about our scholarship program to be placed in a Lifeguarding class free of charge!**

**Visit the website to register:**

[www.cityofsacramento.org/Aquatics](http://www.cityofsacramento.org/Aquatics)

**Come work in Aquatics for the City of Sacramento this summer!**


Work for us and we will reimburse \$150 of your training cost. We offer competitive wages, lots of hours and the opportunity to earn additional incentives of up to \$600 each summer.

**To apply for employment, fill out an application online at:**

[www.cityofsacramento.org/ParksandRec/Recreation/Aquatics/Jobs](http://www.cityofsacramento.org/ParksandRec/Recreation/Aquatics/Jobs)

 [www.cityofsacramento.org/Aquatics](http://www.cityofsacramento.org/Aquatics)

 [www.facebook.com/YouthParksCommunityEnrichment/](https://www.facebook.com/YouthParksCommunityEnrichment/)

 916-808-2306

 [aquatics@cityofsacramento.org](mailto:aquatics@cityofsacramento.org)

*City of*  
**SACRAMENTO**

Youth, Parks, & Community Enrichment